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HDSA Volunteer Newsletter - April 2022



SENDING YOU THOUGHTS OF SPRING

With March Madness behind us, and our Team Hope Walks, HDSA Awareness Month, and our National Conference still to come, we hope you are seeing signs of Spring popping up, bringing new hope and growth to you and yours.

In the meantime, some dates for you to mark on your calendar include:

- **May (date TBD)**, the HDSA Center of Excellence at Stanford University will host a community educational event (stay tuned to [our Facebook page](#) to hear about the content/date)
- **June 9-11th**, [37th Annual HDSA Convention](#) - Marriott Marquis in Atlanta, Georgia and online
- **June 18th**, [San Jose Team Hope 10K Timed Run and 5K Walk](#) - Campbell Park
- **Fall (date TBD)**, the HDSA Center of Excellence at UCSF will host a community educational event (stay tuned to [our Facebook page](#) to hear about the content/date)
- **October 1st**, [San Francisco Team Hope 5K Fun Run & Walk](#) - Sports Basement at the Presidio

Check out the website for more information at [HDSA.org](https://www.hdsa.org).

NEW AND NOTEWORTHY IN THE HD COMMUNITY

RESEARCH NEWS ROUNDUP

Get your science on and check out the latest information from HDSA's Dr. Leora Fox on her blog: [This Week in Huntington's Disease Research](#) - including updates about newly published research on branaplam, a small molecule, huntingtin-lowering potential therapy from Novartis.

LOOKING FOR INSPIRATIONAL HD CONTENT?

It's been around for a while, but if you haven't seen it yet, our Affiliate Chair, Therese Crutcher-Marin, publishes new content on her blog each week. She writes about clinical trials conducted for Huntington's disease, how HD affected her family, what she learned from her experiences, and other topics. Check it out and sign up to receive alerts via email at [ThereseCrutcherMarin.com](#).

HDSA ONLINE RESOURCES ARE AVAILABLE

HDSA invites you to take advantage of our world-class online support services - FOR FREE! From online support groups to telehealth, you can get the help you need from the comfort and safety of your home. [Learn more and get support here](#).

UPCOMING HD EVENTS

REGISTER NOW FOR OUR 37TH ANNUAL HDSA CONVENTION

Join us on June 9-11, 2022 at the Marriott Marquis in Atlanta, Georgia for our 37th annual convention! Following COVID-19 safety recommendations, we will be capping the number of in-person attendees and providing mandatory safety protocols. And if you are not able to make it to Atlanta, you'll be glad to know that every session throughout the HDSA Convention will be live-streamed - FOR FREE! For more information and to register for in-person attendance/hotel/scholarship, please visit [HDSA.ORG/CONVENTION](https://www.hdsa.org/convention).

SIGN UP FOR THE RIGHT SUPPORT GROUP FOR YOUR NEEDS

HDSA online support groups are available to help families affected with HD. [Here is the list of the upcoming meetings](#) for this month. These support groups are free, but we urge you to register in advance, as space is limited. Don't see the right one for you? Let us know!

OTHER WAYS TO HELP THE HD COMMUNITY

HDSA VEHICLE DONATION PROGRAM

Avoid the hassles of selling or repairing your vehicle altogether when you donate it! All vehicle types are accepted. **Call 888-HDSA-151.** HDSA will tow your vehicle at no cost to you. You will receive a donation receipt and help us in our mission. [More information can be found here.](#)

AMAZON SMILE. YOU SHOP. AMAZON GIVES.

Shoppers who start at <https://smile.amazon.com/> will find the same Amazon they know and love, with the added bonus that Amazon will donate 0.5% of the price of eligible purchases to the charity of your choice. Sign-up today and have your purchases benefit HDSA!

VOLUNTEERS NEEDED!

The Huntington's Disease Society of America is recruiting volunteers for the San Francisco Bay Area Affiliate Team.

If you have some time to give to a non-profit, please consider us! HD is a rare, fatal, genetic brain disorder with no cure. We can use your expertise, ideas, and creativity. Let us know if you'd like to step up and join a committee!

Volunteer Coordinator & Co-Chair: Uma Thontakudi

Email: umathont@gmail.com

Phone: (408) 772-7705

STAY CONNECTED IN THE NEW YEAR!

JOIN OUR NEXT SF BAY AREA AFFILIATE CONFERENCE CALL:

The First Wednesday of Each Month @ 7pm

Contact Therese Crutcher-Marin for meeting information: theresecrutchermarin@gmail.com

If you are interested in doing more for our Affiliate, please let us know!

WE CAN NEVER LOSE HOPE!



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