

[View this email in a browser](#)

HDSA Volunteer Newsletter - October 2023



IT'S ALMOST HERE!

On Saturday, October 14 at 9:00 AM we will gather for our 2023 San Francisco Team Hope 5k Walk & Fun Run at the Sports Basement: Presidio - 610 Old Mason Street in San Francisco, California.

Registration & Breakfast begins at 9:00 AM, with the Walk & Run kicking off at 10:00 AM. We will host a raffle and silent auction just as in years past, so come ready to peruse the items and pick your favorites!

Our theme is Heroes and Villains! So come dressed to impress (or distress!) as your favorite superhero/supervillain, or fairytale hero/heroine. After the run/walk returns to the Sports Basement, we will host a short program, and award the raffle and silent auction winners.

[CLICK HERE TO REGISTER OR DONATE](#) See you there!

Make sure that mail@hdsa.org is added to your email list so that you see all the updates and events in your area!

NEW AND NOTEWORTHY IN THE HD COMMUNITY RESEARCH NEWS ROUNDUP

Get your science on and check out the latest information from HDSA's Dr. Leora Fox on her blog "[This Week in Huntington's Disease Research](#)" including information about the FDA START Pilot Program, a new drug development partnership between Roche and Ionis, and an online platform for free, anonymous, and confidential depression screenings in honor of National Depression Screening Day.

TIME TO REGISTER FOR THE LAST 2023 NYA RETREAT

The National Youth Alliance Retreats are almost over for 2023. You can [find out more on](#)

app.donorview.com/EM/TemplateList/PreviewInBrowser?prm=ros2FWwX6Jlb8pd9IARXKXko4MsDG3ft51MNIbmKOpY7Vf6Lc6C...
[their website and register there](#). There were retreats in Louisville, KY (already done for the year) and Denver CO (in September) The one in California is November 10 2023 -

November 12, 2023, but the location of the retreat is not known at this time.

HDSA ONLINE RESOURCES ARE AVAILABLE

HDSA invites you to take advantage of our world-class online support services - FOR FREE! From online support groups to telehealth, you can get the help you need from the comfort and safety of your home. [Learn more and get support here](#). Not sure where to start? Reach out to one of our board members and we'd be happy to listen to your needs and point you in the right direction.

UPCOMING HD EVENTS

REGISTER NOW FOR THE 2023 HD EDUCATION DAY ON DECEMBER 2ND

Our two area HDSA Centers of Excellence are combining forces for a blow-out 2023 Education Day Event on December 2nd. The day's program will be in person on the Stanford University campus — 450 Jane Stanford Way in Stanford CA. [REGISTER HERE](#) and join us for educational sessions, break out sessions, and some time to visit and network. We hope to see you there!

OCTOBER SUPPORT GROUPS

SIGN UP FOR THE RIGHT SUPPORT GROUP FOR YOUR NEEDS

Local HDSA online support groups are available to help families affected with HD.

EL CERRITO SUPPORT GROUP

Location: Sycamore Congregational Church - 1111 Navellier St, El Cerrito, CA 94530

Leader: [Natasha Boissier](#) 415-476-2904

Schedule: 4th Tuesday each month, 7:00 pm – 8:30 pm

PALO ALTO HD SUPPORT GROUP

Location: First Baptist Church - 305 N. California Street, Palo Alto, CA 94301

Leader: [Andrea Hanson-Kahn](#) 650-725-6571

Schedule: 2nd Tuesday of each month, 7:00 pm – 8:30 pm

These support groups are free, but we urge you to register in advance, as space is limited.

[Here is the list of the upcoming meetings for this month](#). Don't see the right one for you?

Let us know!

OTHER WAYS TO HELP THE HD COMMUNITY

HDSA VEHICLE DONATION PROGRAM

Avoid the hassles of selling or repairing your vehicle altogether when you donate it! All vehicle types are accepted. **Call 888-HDSA-151**. HDSA will tow your vehicle at no cost to you. You will receive a donation receipt and help us in our mission. [More information can](#)

STAY CONNECTED

JOIN OUR NEXT SF BAY AREA CHAPTER CONFERENCE CALL:

Wednesday, Nov 1st, 2023 @ 7pm

Contact Therese Crutcher-Marin for meeting

information: thersecrutchermarin@gmail.com

If you are interested in doing more for our Chapter, please let us know!

HDSA'S PROGRAMS & SERVICES

Get the help you need from the comfort & safety of your home.

Be sure to take advantage of HDSA's world-class HD programs & services - FOR FREE! Learn more at HDSA.org/support.

[Download the new HDSA Programs & Services document here](#)

and click the links below to find support today:

[HDSA Social Workers: HDSA.ORG/SOCIALWORKERS](https://HDSA.ORG/SOCIALWORKERS)

[Online Support Groups: HDSA.ORG/OSG](https://HDSA.ORG/OSG)

[PatientsLikeMe: HDSA.ORG/PLM](https://HDSA.ORG/PLM)

[Telehealth: HDSA.ORG/TELEHEALTH](https://HDSA.ORG/TELEHEALTH)

[HD Trialfinder: HDTRIALFINDER.ORG](https://HDTRIALFINDER.ORG)

[HDSA's National Youth Alliance: HDSA.ORG/NYA](https://HDSA.ORG/NYA)

[Youth Mentorship Program: HDSA.ORG/YMP](https://HDSA.ORG/YMP)

[Disability Resources: HDSA.ORG/DISABILITY](https://HDSA.ORG/DISABILITY)

[Locate Resources in Your Area: HDSA.ORG/LOCATERESOURCES](https://HDSA.ORG/LOCATERESOURCES)

WE CAN NEVER LOSE HOPE...



Copyright © 2023 HDSA San Francisco Bay Area Chapter All rights reserved.

Our mailing address is:

HDSA San Francisco Bay Area Chapter

PO Box 1599

Cupertino, CA 95015

Unsubscribe | Manage Subscriptions 